Dear Game Plan Participants,

We would like to invite you to participate in a new series called "Game Plan." Our first meeting has been finalized for Thursday, September 17, 2020, at 6:00 pm – 8:00 pm (virtual format: ZOOM). As we previously mentioned, the idea is that you must have a "game plan" to win in sports, and the same applies to success in academics. Our series will allow you to hear the game plans from former (collegiate and professional) athletes to aid you in your preparation. Our first guest speaker is Dr. Nate Hughes (Anesthesiologist).



Nate Hughes, MD

Biosketch

Dr. Nate Hughes was born in Jackson, Mississippi, and is currently in an Anesthesiology Fellowship at a University of Medicine and Dentistry, New Jersey (UMDNJ). In second grade, during a "What I Want to Be When I Grow Up..." classroom assignment, young Nate Hughes wrote that he wanted to be a football player and a doctor. His answers indicated a love for sports and medicine. Dr. Hughes grew up learning about the medical profession from his father, Dr. Nate Hughes Sr., who was an Anesthesiologist at the University of Mississippi Medical Center (UMMC) in Jackson, Mississippi. Dr. Hughes Sr. retired earlier this year in March.

After high school, Dr. Hughes attended Alcorn State University (an HBCU), where he was a standout starting four-year wide receiver. He caught 161 passes for 19 touchdowns and 2,415 yards. While earning All-America honors, he also earned three Southwestern Athletic Conference (SWAC) decathlon championships (2005, 2007, 2008), two time champion in the 400-meter hurdles (2007, 2008) and the 110-meter hurdles (2008).

Dr. Hughes graduated from Alcorn State University in 2008 with a bachelor's degree in Nursing (RN) and entered the NFL Draft. He signed as an undrafted free-agent to the Cleveland Browns and had stints with the Kansas City Chiefs, Jacksonville Jaguars, and Detroit Lions.

During the 2011 NFL lockout, Dr. Hughes worked as a nurse and later enrolled in medical school in 2015. It is no surprise that Dr. Hughes would attend the same university where his father worked and graduated to become an anesthesiologist like his father.

Dr. Hughes completed his Residency at UMMC before moving on to a Fellowship at Rutgers University in New Jersey. He is married with two beautiful daughters and enjoys mentoring the next generation of **S**cholar-athletes **W**ith **A**cademic **G**oals (SWAG).

Please join us for a lively discussion! Please <u>RSVP at this link</u> so that we have an accurate headcount and to receive the call in information.